

Unfamiliar Territory

Optional: Use the 7/4 measures for the sticking check and the 3/4 measures as written.

$\sigma = 100-140$

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Check Pattern

(Also try: Tap drags, same-hand tap drags, tap none-stroke rolls and same-hand tap nine-stroke rolls!)

Flam Check

(Also try: Same-hand flam checks, flam drags, same-hand flam drags, same-hand choo-choos, and alternating flam nine-stroke rolls!)

Solo... All... > > >

D. 

Flam-Taps

(Also try: Inverted flam-taps and inverted flam-tap cheeses!)

Solo... All... > > > > > > > > > > > > > >

D. 

L R R L L R L L R R L
R L L R R L R R L L R

R R L L L R L L R R L L R
L L R R L L R R L L R
R R L L R L L R R L L R

D. > > > > > > > > > > > > > >



L R R L L R L L R R L
R L L R R L R R L L R

R R L L L R L L R R L L R
L L R R L L R R L L R
R R L L R L L R R L L R

L

Flam-Fives

Solo... All... > > > > >

D.

L R R L L R L L R R L R R L L R L L R R L R R L L R
 R L L R R L R R L L R R R L L R R L L R R L R R L L R R L R R L
 L L R R L R R L L R R R L L R L L R R L R R L L R L

Same-Hand Flammed Mills

Solo... All... > > > > >

D.

L R R L R L R R L R L R R L R L R R L R L R R L R L
 R L L R L R L L R L R L L R L R L L R L R L L R L R L L R L R L

Same-Hand Flamacues

(Also try: Alternating flamacues!)

Solo... All... > > > > >

D.

L L R L R L L R L R L L R L R L L R L R L L R L R L
 R R L R L R R L R L R R L R L R R L R L R R L R L R R L R L R L